

All meals meet the USDA Lunch & Breakfast Program guidelines - All breads, rice, pasta are WG/WGR
Milk is served with both Breakfast and Lunch. Based on age group Whole, 1%, Skim and Lactaid
Due to the disruption in the Global Supply Chain, Our menu is subject to change without notice.

December 2nd to December 6th

Boston Collegiate

Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	WG French Toast Sticks & Apple Sauce	Sausage and Cheese Breakfast burrito	Yogurt & Fresh Fruit	WG Pancakes w/ Syrup & Fresh Fruit
Hot Lunch	Hispanic Chicken w/ Yellow Rice	Italian Meatballs with Spaghetti	Chicken Caesar Salad with WG roll Dressing	Breaded Chicken Chunks with Duck sauce & WG Rice	Tony's WG Pizza w/ turkey pepperoni
Veggie Lunch	Bean & Cheese Burrito WG tortilla	Cilantro Lime Pinto Beans with red peppers	Greek Salad with Feta - dressing WG roll	Hummus, Cheese & Veg Wrap	Sal's Famous Wg Sicilian Pizza
Cold Lunch	Cuban Sandwich W/ Pickles	Buffalo chicken wrap with lettuce & tom	BBQ chicken Sandwich w/cheddar	Italian Hoagie w/ Lett, tomato & mayo	Tuna Salad Wrap with lettuce & tomato
Allergen Lunch	Hispanic Chicken w/ Yellow Rice	Cilantro Lime Chix w/ WG Rice	Grilled Chicken Salad GF roll	Grilled Chicken Salad with Dressing	Sweet & Sour Chicken w/ Brown Rice

December 9th to December 13th

Boston Collegiate

Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	WG Muffin /Fresh Fruit	Egg & Cheese Croissant	WG French Toast Sticks & Apple Sauce	WG Bagel w/Butter & Fresh Fruit
Hot Lunch	Chicken Stir fry over WG Fried Rice	BBQ Pulled Chicken with WG Roll	Roast Turkey Dinner	Nashville Chicken sandwich w/ cole slaw	Smashburger - WG roll
Veggie Lunch	Tofu Teriyaki over WG Fried Rice	White Bean & Vegetable Quinoa	Bean & Cheese Burrito WG tortilla	Asian Sesame WG Noodles with Black Beans and Tofu	Veggie Burger - Wg roll
Cold Lunch	Turkey & Cheese Sandwich with lett & tomato	Cool Ranch Chicken Salad sand. Lett & tom	Green Salad topped with Chicken, WG roll & dressing	Shredded jerk chicken wrap with lett & tom	All American Sub with ham, bologna, cheese,lett & tom
Allergen Lunch	Chicken Teriyaki with (EF) WG Fried Rice	BBQ Pulled Chicken with WG Rice	WG Pasta with Meat Sauce	Asian Chicken W/Fried rice and black beans	Turkey Smashburger - GF roll

December 16th to December 20th

Boston Collegiate

Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WG Cereal & Fresh Fruit	WG French Toast Sticks & Apple Sauce	Sausage and Cheese Croissant	WG Bagel w/butter & Fresh Fruit	WG Pancakes w/ Syrup & Fresh Fruit
Hot Lunch	WG Lasagna W/Meatsauce	Chicken parm sub W/ WG roll	BBQ Turkey Meat Loaf w/wg roll	Sweet & Sour Chicken w/Brown Rice	Tony's WG Pizza
Veggie Lunch	Bean & Cheese Burrito WG tortilla	Farro with Feta, Kidney Beans, tomato	SWest Veggie Bowl - WG Rice, blk beans, peppers, cheese & salsa	Sweet & Sour Tofu w/ Brown Rice	Sal's Famous Wg Sicilian Pizza
Cold Lunch	Steak&Cheese flatbread w/ horse radish	Nashville Chicken sandwich w/ cole slaw	Cold Tex Mex Chicken Rice bowl	Chipotle chicken wrap w/lettuce and tomatoes	BLT Wrap with mayo
Allergen Lunch	chicken primavera w/ Gf pasta	BBQ Pulled Chicken with WG Roll	Chicken Taco with wg Mexican rice(corn tortilla)	Sweet & Sour Chicken w/ Brown Rice	Lentil Bolognese over WG pasta